

PE Teacher \_\_\_\_\_

Period \_\_\_\_\_

## Physical Education Homework make up assignment

To make up points lost from missing a Physical Education class you must do some kind of continuous physical activity for at least **30 minutes** outside of school time. The activity must be verified with a signature below by a parent or guardian and **must be returned to your teacher within one week of the last missed day.**

**Example activities:** Game or practice time in a sport like soccer, basketball, swimming, dance, lacrosse, etc., a jog or fast walk, hiking, working out at a gym, walking your dog, bike ride.

Name: \_\_\_\_\_ What activity did you choose? \_\_\_\_\_

Verifying signature: \_\_\_\_\_ Date absent: \_\_\_\_\_

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